

ANNOUNCEMENT

NEW CLASS UNITY IN DUALTY TRAINING

INDIA, FEBRUARY 5 - 13th 2011

“It is my great wish that *Unity in Duality – Tendrel*, in the interplay with modern science, will reveal its deep-reaching insights in creating inner and outer harmony.”

Tarab Tulku Rinpoche

Tarab Ling Association, in collaboration with Tarab Institute International, is honored to announce a new Unity in Duality Training in Dehradun, India, starting on February 5th 2011.

The training program in February contains the first two parts of Module I (total of four parts). Reading/ study materials for studies and practices will be provided. Teachings will be in English.

Module 1, 1: 05-08 February 2011 (Saturday – Tuesday*)

Module 1, 2: 10-13 February 2011 (Thursday – Sunday*)

** Both days included*

The courses can be taken separately but have to be conducted in sequential order, beginning from course 1 of Module I. The full UD Training comprises 4 Modules (see attachment and link).

Further information and updates: <http://www.tarab-institute.org/gb/program4.htm>

Introduction of Unity in Duality - Tendrel

The teachings are based on *Tendrel*, which is the view of the interrelated nature of existence. *Tendrel* has slowly but surely developed within modern science along with the development of increasingly more sophisticated research tools for revealing the truth of reality. So the theorem of *Tendrel* has gradually caught the interest of Western scholars and started to inspire many people in the Modern World.

Tarab Tulku Rinpoche, the founder of Unity in Duality Education, was one of the most renowned Tibetan scholars of our time. He lived in the West for over 35 years and it was here he came to formulate his deep understanding of *Tendrel* in terms of the paradigm of the three pairs of interrelated opposites, joining in unity:

1. Subject (mind) – Object (reality)
2. Mind – Body
3. Potential Field – Matter.

To render these interrelationships comprehensible and to facilitate their deep understanding – a valuable contribution to humanity – is the heart of Tarab Rinpoche’s integral approach.

In the context of our daily reality, *Unity in Duality – Tendrel* opens a door in order that everyone may gain insight into this profound knowledge. Transcending the borders of culture and religious faith, Unity in Duality at the same time complies with and also complements the findings of contemporary science.

His Holiness the Dalai Lama has officially spoken of his deep appreciation of Tarab Tulku Rinpoche’s interpretation and presentation of the *Tendrel* view.

Participation & Registration

Prerequisites: Good basic schooling and interest in learning and development. Duration of each course: 5 days with teaching, group work, individual sessions and studies.
Teachings will be in English only

Price: **Early-Bird-Rate 400 Euro** (for both weeks) for registration until December 22nd 2010 of which 200 Euro (to avoid international bank fees also full payments are welcome) as a deposit upon approval of registration.*

Regular Rate 480 Euro for participants who apply after December 22nd. Deposit of 240 Euro after approval of registration to guarantee reservation.*

Students from India are invited to apply for partly or full **scholarship**.

We will be expecting students from India as well as from Europe. Therefore I kindly ask you to contact me (Norbu Wangchuk) via mail at infotarabling@gmail.com or phone + 91 941 018 6214 before making any deposit and for confirming your application.

Students from Europe:

Students coming from Europe, after approval of your registration we ask you to make a deposit of 200 (240) Euro in favor of:

Tarab Institute International, Hörsholm Kongevej 40, DK-2970 Hörsholm
Bank details: Nordea Bank Danmark A/S, Hörsholm Midtpunkt 78, DK-2970 Hörsholm
IBAN number DK4020005036283612; SWIFT/BIC NDEADKKK

Students from India/ Asia:

Students coming from India or any other Asian country, after approval of registration, we ask to make a deposit of 500 Rupies (for scholarship see above) in favor of:

Tarab Ling Association , 51 Old Rajpur, P.O Rajpur – 24009, Dehradun Uttarakhand
Bank details: State Bank of India Main Branch
4 Convent Road, Dehradun 248001, Uttarakhand, India
Code: 00630, SWIFT: SBININBB380, Account number: 10901525363

** Cancellation: If received by 15th of January 2011, the refund will be 80% of the registration fee. Cancellation received between 16th and 29th of January 2011, the refund will be 50% of the fee. Later cancellation (i.e. after 29th January 2011) will not be refunded but substitute participant can be appointed.*

Board and Lodging

Accommodation: 700 INR per day and room (ca. 12 Euro as per exchange rate of Oct 2010).

Meals: 400 INR per day per person (ca. 7 Euro as per exch. rate of Oct 2010). Includes three meals and two teas-times per day.

Travel & Transport

Dehradun is well connected with Delhi by air, train and bus.

- a. Air: There are planes that commute everyday from Delhi to Dehradun. You should book well in advance to get best pricing.
- b. Bus: You start from Delhi Int. Airport by taxi to ISBT (Inter State Bus Terminal) which usually takes 45 minutes to 1 hour. Please take taxi from the prepaid counter and it will cost 500 INR as of today. It is much better to take the government bus, which will leave from bus terminus. You might come across people asking you 'where you want to go' outside the bus terminus, please do not follow them. From the bus terminus, busses leave every 30 minutes to Dehradun and it is 7-8 hours journey. (250 km). Cost: 275 INR (deluxe and air-conditioned busses)
- c. Train: You start from Delhi Int. Airport to New Delhi Railway Station. Prepaid taxi costs 300 INR and takes 45-60 min (traffic jam!)
Name of the trains:
 - Shatabdi: the best one. Takes 7 hours and leaves at 7 am-. Price: 600 INR.
 - Mussoorie Express: leaves at 10.20 pm. You can lie down and have full sleep and will reach Dehradun around 8 am. Cost: 500 INR.

Note: If you wish to travel by train, you need to reserve your ticket in advance.
You can contact: Mr. Penpa Tsering, Managing Director, Kora International Buddhist Tours and Travels in Delhi. Phone: + 91 11 23819306, Mobile: + 91 9958537284.

- d. Taxi: If you wish to be picked up by taxi, the cost is 5300 INR (ca. 80 Euro) for big cars (Jeep) and 3500 INR for small cars. Drivers will be waiting with your name plate in front of Prepaid Taxi Booth to receive you. If there are changes we will let you know. It will take around 7-8 hours from Delhi airport to Dehradun. For Taxi arrangement contact the above travel agency or Norbu Wangchuk.

Please don't hesitate to contact me should you have any questions. You can reach me best via mail at: infotarabling@gmail.com but also via phone: +91 941 018 6214

I am looking forward to hearing from you and much more to seeing you!

Deepest regards,

Norbu Wangchuk

General Secretary of Tarab Ling

November 2010