

Tarab Institute Netherlands organizes

‘Unity in Duality’

A four-year training in Buddhist Philosophy and Psychology
and their modern applications



Teacher: Lene Handberg

Starting: April 16-21, 2011

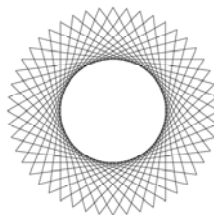
Conference Center ‘De Poort’, Groesbeek (near Nijmegen), the Netherlands

Module I: Science of Mind and Phenomena

Module II: Dynamics of Self-referencing and its Transformation

Module III: Applications: Psychotherapeutic and Art of Relating

Module IV: Spiritual Development



Unity in Duality

www.tarab-instituut.nl

Introduction to ‘Unity in Duality’

‘.... It is my great wish that Unity in Duality (Tendrel) in the interplay with modern scientific research will reveal its deep-reaching insights into creating inner and outer harmony...’
Tarab Tulku Rinpoche

This four-year Unity in Duality education program was developed by the late Tarab Tulku Rinpoche and Lene Handberg. Its aim is to give back to the individual the knowledge and the means to reclaim power over themselves and their experience of reality. Through theoretical and practical applications, the Unity in Duality education program presents an integral system of Science of Mind and Phenomena in their mutual interrelation; the dynamics of this interrelationship used for personal development; the application of psychotherapy, and the art of relating and spiritual development.

The philosophical knowledge of *Tendrel*, or the interdependent nature of all that is, has been opened up by Tarab Tulku Rinpoche in the form of the three inter-determining unities of subject and object, body and mind, and energy field and matter. These three inter-determining unities also comprise the central paradigm basic to the Unity in Duality education program. This training will build up an increasingly subtle understanding of the nature of existence as interdependently arising, while fundamental structures and interconnections become evident.

When we implement the understanding of the integral nature of existence, or when we use this understanding in terms of transforming human experience into a more harmonious and natural relationship with life and its events, many of our problems in life will decrease. Our experience will become increasingly subtle and will widen, so it can carry us far beyond our present condition into the spiritual realm.

For more information on the content of the training, Tarab Tulku and Lene Handberg:
www.tarab-institute.org.

Practical Information



For whom? The training is open to everyone who is interested in the field of knowledge described above, and who is willing to investigate it further by applying it in personal and professional development. For psychotherapeutic application, a therapeutic background is required.

When? The training will be organized in the Netherlands and will start April 16, 2011. It will comprise 13 six-day seminars and 8 weekends, spread over a period of 4 years. Seminars start at 19.00 h on the first day and end at 16.00 h on the last day, allowing participants ample time for travel.

The dates for the first module are:

April 16-21, 2011 October 14-19, 2011

February 24-29, 2012 May 25-30, 2012

Where? The training will be held at Conference Center 'De Poort', Biesseltsebaan 34, 6561 KC, Groesbeek (near Nijmegen), The Netherlands (www.depoort.org), a beautiful location surrounded by woods.

How to get there: Groesbeek is a town in the East of the Netherlands, close to the German border. It is about 10 kilometres from the center of the city of Nijmegen.

- *By car:* The conference center is most easily reached by car. It is just off the A73/E31 motorway.
- *How to get from Nijmegen to Groesbeek:* The conference center has a special arrangement with a taxi company that can collect you from Nijmegen station. If you phone the company one day before (+31-24-323 0000) and announce your time of arrival, they will be waiting for you at the station and will take you to Groesbeek for € 10 for a single or € 5 for a joined ride.
- *By train:* Nijmegen station is a main railway station in the east of the Netherlands. It can easily be reached from all European cities.
- *By air:* The conference center is about 30 kilometres from Weeze (Germany) Airport, where buses can take you to Nijmegen. If you arrive at Schiphol, the main Dutch airport, there are direct trains to Nijmegen.

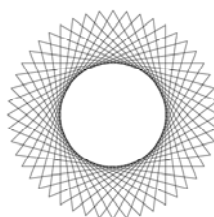
Cost for the training: The education fee for a 6-day seminar is € 425.

Cost for accommodation and meals: If you want to stay at the conference center, there are beautiful quiet rooms available with full board. The home-like kitchen is used to different kinds of diets. Prices for a 6-day seminar are: € 350 for a single room with shower-toilet; € 300 for a double room with shower-toilet; € 275 for a triple room with shower-toilet; € 325 for a single room with joined shower-toilet; € 275 for a double room with joined shower-toilet.

Full board includes a dinner on the first day, five overnight stays, breakfast, lunch, and dinner, and a final lunch on the day of parting. If you want to stay longer, please contact the reception directly at info@thepoort.org or telephone: +31-24-397 1204 / fax: +31-24-397 1745.

If you stay outside the center, an additional € 60 is charged for lunch, etc.

Registration and info: If you want to register for the education program or if you want more information, please contact info@tarab-instituut.nl or phone +31-24-641 4206.



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