



# Tarab Institute International 2010 Program

Country	Course holders	• date	course info
place	Courses		
<b>IND</b> Dharamsala Library	Lene Handberg <b>Education - U.D.-Science of Mind &amp; Phenomena Module II week 3</b>	• 3-Jan - 7-Jan	Tarabing, Dehra Dun, Norbu Wangchuk, Tel.: +91 94 10 18 62 14 email:infoTarabLing@gmail.com or wnorbu@yahoo.com
<b>F</b> Paris	Jean-Gérard Bloch <b>Weekend - Introduction to Buddhist Philosophy and Psychology</b>	• 9-Jan - 10-Jan	Michèle Bizot, 140 Allée Du Nouveau Monde, Residence Le Montcalm, 34000 Montpellier, mail: tarab.institute@yahoo.fr
<b>IND</b> Dharamsala Library	Lene Handberg <b>Education - U.D.-Science of Mind &amp; Phenomena Module I week 3</b>	• 10-Jan - 14-Jan	Tarabing, Dehra Dun, Norbu Wangchuk, Tel.: +91 94 10 18 62 14 email:infoTarabLing@gmail.com or wnorbu@yahoo.com
<b>IND</b> Dharamsala Library	Lene Handberg <b>Education - U.D.-Science of Mind &amp; Phenomena Module I week 4</b>	• 17-Jan - 21-Jan	Tarabing, Dehra Dun, Norbu Wangchuk, Tel.: +91 94 10 18 62 14 email:infoTarabLing@gmail.com or wnorbu@yahoo.com
<b>SF</b> Helsinki	Cecilia Innanen <b>Day - Group gathering and exercises</b>	• 17-Jan	Tarab Inst. Finland, c/o Cecilia Innanen, Maneesikatu 4 cB34, 00170 Helsinki, tfn 358-40-556 5664, email:cecilia.innanen@welho.com
<b>IND</b> Dehra Dun Christian Retreatcenter	Lene Handberg <b>Examen - Examination</b>	• 5-Feb - 6-Feb	Tarabing, Dehra Dun, Norbu Wangchuk, Tel.: +91 94 10 18 62 14 email:infoTarabLing@gmail.com or wnorbu@yahoo.com
<b>DK</b> København	Sandrine Gousset <b>Cancelled! - Eating disorders from a Mindfulness approach – A UD view and healing approach</b>	• 6-Feb - 7-Feb	TI - Denmark, St. Søj, Hørsholm Kongevej 40, DK-2970 Hørsholm. Tel/fax +45 45 76 00 44., email: info@tarab-institute.org, web: www.Tarab-Institute.org
<b>IND</b> Dehra Dun Christian Retreatcenter	Lene Handberg <b>5 days - Towards Shine/Laghtong</b>	• 8-Feb - 12-Feb	Tarabing, Dehra Dun, Norbu Wangchuk, Tel.: +91 94 10 18 62 14 email:infoTarabLing@gmail.com or wnorbu@yahoo.com
<b>IND</b> Dehra Dun Christian Retreatcenter	Lene Handberg <b>5 days - Towards Dzogchen</b>	• 16-Feb - 20-Feb	Tarabing, Dehra Dun, Norbu Wangchuk, Tel.: +91 94 10 18 62 14 email:infoTarabLing@gmail.com or wnorbu@yahoo.com
<b>D</b> München	Ulrike Kienzler <b>Weekend - Nearness to Onself, Openness to the World</b>	• 20-Feb - 21-Feb	Tarab-Inst.Deutschland, Ulrike Kienzler, Willibaldstr. 114 a, 80689 München, Tel. +49(0)89 70009739, email: ulli@kienzler-online.de
<b>F</b> Paris	Geneviève Hamelet <b>Weekend - Nearness to Onself, Openness to the World</b>	• 20-Feb - 21-Feb	Michèle Bizot, 140 Allée Du Nouveau Monde, Residence Le Montcalm, 34000 Montpellier, mail: tarab.institute@yahoo.fr
<b>USA</b> San Francisco	Lene Handberg <b>4 Days - Ancient Tibetan Dream Wisdom</b>	• 3-Mar - 7-Mar	Karen Osborne, 222 Highlands Dr, Carmel, CA 93923, Phone: 831 704 6395, cell 415 713 5412, Email: ko@myself.com
<b>SF</b> Helsinki	Liisa Vuorinen <b>Weekend - Mindfulness in Health Care</b>	• 5-Mar - 7-Mar	Tarab Inst. Finland, c/o Cecilia Innanen, Maneesikatu 4 cB34, 00170 Helsinki, tfn 358-40-556 5664, email:cecilia.innanen@welho.com
<b>S</b> Stockholm	Liisa Vuorinen <b>Weekend - Diversities of Realities and Modes of Body/Mind</b>	• 12-Mar - 14-Mar	Leg psykolog/leg psykoterapeut, S.T.M., Unity in Duality Assistant Teacher, SLSO Psykiatricentrum Södertälje, Södertälje sjukhus, S - 152 86 Södertälje, Sweden, 08-550 24869; 070-484 5339, liisa.vuorinen@sl.se
<b>USA</b> Ann Arbor	Lene Handberg <b>Weekend - Ancient Tibetan Dream Wisdom</b>	• 12-Mar - 13-Mar	Jewel Heart, Ann Arbor,1129 Oak Valley Drive, MI.48108, Ann Arbor,USA, info: programs@jewelheart.org
<b>F</b> Paris	Sandrine Gousset <b>Weekend - Diversities of Realities and Modes of Body/ Mind</b>	• 13-Mar - 14-Mar	Michèle Bizot, 140 Allée Du Nouveau Monde, Residence Le Montcalm, 34000 Montpellier, mail: tarab.institute@yahoo.fr
<b>DK</b> København	Liisa Vuorinen <b>Weekend - Mindfulness in Health Care I</b>	• 20-Mar - 21-Mar	TI - Denmark, St. Søj, Hørsholm Kongevej 40, DK-2970 Hørsholm. Tel/fax +45 45 76 00 44., email: info@tarab-institute.org, web: www.Tarab-Institute.org
<b>D</b> München	Ulrike Kienzler <b>Weekend - Revealing Natural Energy Resources</b>	• 20-Mar - 21-Mar	Tarab-Inst.Deutschland, Ulrike Kienzler, Willibaldstr. 114 a, 80689 München, Tel. +49(0)89 70009739, email: ulli@kienzler-online.de

<b>F</b>	Paris	<i>Lene Handberg + Assisting Team</i> <b>Education - U.D.-Scince of Mind &amp; Phenomena Module 2 Week 3</b>	● <b>20-Mar - 26-Mar</b>	Michèle Bizot, 140 Allée Du Nouveau Monde, Residence Le Montcalm, 34000 Montpellier, mail: tarab.institute@yahoo.fr
<b>SDK</b>	Bratislava	<i>Liisa Vuorinen</i> <b>Weekend - Revealing natural energy resources</b>	● <b>2-Apr - 4-Apr</b>	Tarab Institute Inter., e-mail: info@tarab-institute.org and Tashi Cho Ling, Tel: +421 3564 83336, tandzin@pobox.sk or muki010@yahoo.com or chmelikl@centrum.cz
<b>D</b>	Fürth	<i>Lene Handberg</i> <b>Weekend - Revealing Natural Inner Resources</b>	● <b>9-Apr - 11-Apr</b>	TI-D, c/o Gert Tauber, Cadolzburg Str.103 A, 90766 Fürth, info@Tarab-Institut.de
<b>SF</b>	Helsinki	<i>Cecilia Innanen</i> <b>Day - Group gathering and exercises</b>	● <b>11-Apr</b>	Tarab Inst. Finland, c/o Cecilia Innanen, Maneesikatu 4 cB34, 00170 Helsinki, tfn 358-40-556 5664, email:cecilia.innanen@welho.com
<b>F</b>	Paris	<i>Lene Handberg</i> <b>Weekend - Transformation of ,Self'</b>	● <b>17-Apr - 18-Apr</b>	Michèle Bizot, 140 Allée Du Nouveau Monde, Residence Le Montcalm, 34000 Montpellier, mail: tarab.institute@yahoo.fr
<b>D</b>	Zist	<i>Lene Handberg + Assisting Team</i> <b>Education - U.D.-Scince of Mind &amp; Phenomena Module I, week 4, Madhyamaka</b>	● <b>22-Apr - 29-Apr</b>	TI-D, c/o Gert Tauber, Cadolzburg Str.103 A, 90766 Fürth, info@Tarab-Institut.de
<b>F</b>	Aix-en-Provence	<i>Jean-Gérard Bloch</i> <b>Weekend - Death- a Gate to Creation</b>	● <b>8-May - 9-May</b>	Michèle Bizot, 140 Allée Du Nouveau Monde, Residence Le Montcalm, 34000 Montpellier, mail: tarab.institute@yahoo.fr
<b>S</b>	Uppsala	<i>Lene Handberg</i> <b>4 Days - Ancient Tibetan Dream Wisdom</b>	● <b>21-May - 24-May</b>	TI-S C/O Carin Muhr, Döbelnsgatan 34F, S-75237 Uppsala, +46730564564 / +4618550883, carin1010@hotmail.com
<b>SF</b>	Helsinki	<i>Cecilia Innanen</i> <b>Day - Group gathering and exercises</b>	● <b>23-May</b>	Tarab Inst. Finland, c/o Cecilia Innanen, Maneesikatu 4 cB34, 00170 Helsinki, tfn 358-40-556 5664, email:cecilia.innanen@welho.com
<b>S</b>	Södertälje Hospital	<i>Lene Handberg, Åsa Nilsson, Liisa Vuorinen et al.</i> <b>Conference - Mindfulness in Health Care</b>	● <b>27-May</b>	Leg psykolog/leg psykoterapeut, S.T.M., Unity in Duality Assistant Teacher, SLSO Psykiatricentrum Södertälje, Södertälje sjukhus, S - 152 86 Södertälje, Sweden, 08-550 24869; 070-484 5339, liisa.vuorinen@sll.se
<b>NL</b>	Nijmegen	<i>Lene Handberg &amp; Christina Feldman, Han de Wit (?)</i> <b>Day - Symposium: Mindfulness and More - Lectures and Workshops on Meditation and Healing Power</b>	● <b>4-Jun</b>	Tarab Institute Holland, mail: info@tarab-instituut.nl, phone:0031-246414206/0031-267850964
<b>F</b>	Marcevol	<i>Lene Handberg + Assisting Team</i> <b>Education - U.D.-Scince of Mind &amp; Phenomena Module 2 Week 4</b>	● <b>5-Jun - 11-Jun</b>	Michèle Bizot, 140 Allée Du Nouveau Monde, Residence Le Montcalm, 34000 Montpellier, mail: tarab.institute@yahoo.fr
<b>SDK</b>	Bobrovec	<i>Lene Handberg + Assisting Team</i> <b>Education - U.D.-Science of Mind &amp; Phenomena Module II week 1+2</b>	● <b>19-Jun - 3-Jul</b>	Tarab Institute Inter., e-mail: info@tarab-institute.org and Tashi Cho Ling, Tel: +421 3564 83336, tandzin@pobox.sk or muki010@yahoo.com or chmelikl@centrum.cz
<b>D</b>	Zist	<i>Lene Handberg + Assisting Team</i> <b>Education - U.D.-Scince of Mind &amp; Phenomena Module II, week 1</b>	● <b>23-Jul - 30-Jul</b>	TI-D, c/o Gert Tauber, Cadolzburg Str.103 A, 90766 Fürth, info@Tarab-Institut.de
<b>DK</b>	København	<b>- Graduates conference</b>	● <b>4-Aug - 5-Aug</b>	TI - Denmark, St. Søj, Hørsholm Kongevej 40, DK-2970 Hørsholm. Tel/fax +45 45 76 00 44., email: info@tarab-institute.org, web: www.Tarab-Institute.org
<b>DK</b>	København	<b>- Examen</b>	● <b>6-Aug - 7-Aug</b>	TI - Denmark, St. Søj, Hørsholm Kongevej 40, DK-2970 Hørsholm. Tel/fax +45 45 76 00 44., email: info@tarab-institute.org, web: www.Tarab-Institute.org
<b>DK</b>	København	<b>- General Assambly</b>	● <b>8-Aug</b>	TI - Denmark, St. Søj, Hørsholm Kongevej 40, DK-2970 Hørsholm. Tel/fax +45 45 76 00 44., email: info@tarab-institute.org, web: www.Tarab-Institute.org
<b>F</b>	Marcevol	<b>Weekend - Mindfulness and UD - Open Conference</b>	● <b>20-Aug - 21-Aug</b>	Michèle Bizot, 140 Allée Du Nouveau Monde, Residence Le Montcalm, 34000 Montpellier, mail: tarab.institute@yahoo.fr
<b>F</b>	Marcevol	<i>Lene Handberg</i> <b>Summercourse - Ancient Tibetan Dream Wisdom</b>	● <b>22-Aug - 28-Aug</b>	Michèle Bizot, 140 Allée Du Nouveau Monde, Residence Le Montcalm, 34000 Montpellier, mail: tarab.institute@yahoo.fr
<b>D</b>	Pegasus-Hof - Hamburg	<i>Lene Handberg</i> <b>Summercourse - Towards Dzogchen based on UD</b>	● <b>2-Sep - 5-Sep</b>	TI-D, c/o Doris Hubert, Schimmelmannellee 14, 22043 Hamburg, Tel.040-6548456, email: DorisHubert@web.de
<b>S</b>	Stockholm	<i>Liisa Vuorinen</i> <b>Weekend - Mindfulness in Health Care - A Unity in Duality Approach</b>	● <b>10-Sep - 12-Sep</b>	Leg psykolog/leg psykoterapeut, S.T.M., Unity in Duality Assistant Teacher, SLSO Psykiatricentrum Södertälje, Södertälje sjukhus, S - 152 86 Södertälje, Sweden, 08-550 24869; 070-484 5339, liisa.vuorinen@sll.se
<b>SF</b>	Helsinki	<i>Reija Lilja</i> <b>Day - Body sense exercise and Thai chi</b>	● <b>12-Sep</b>	Tarab Inst. Finland, c/o Cecilia Innanen, Maneesikatu 4 cB34, 00170 Helsinki, tfn 358-40-556 5664, email:cecilia.innanen@welho.com
<b>DK</b>	København	<i>Liisa Vuorinen</i> <b>Weekend - Mindfulness in Health Care II</b>	● <b>25-Sep - 26-Sep</b>	TI - Denmark, St. Søj, Hørsholm Kongevej 40, DK-2970 Hørsholm. Tel/fax +45 45 76 00 44., email: info@tarab-institute.org, web: www.Tarab-Institute.org
<b>D</b>	Fürth	<i>Lene Handberg</i> <b>Weekend - Balancing Basic Forces of Our Existence</b>	● <b>1-Oct - 3-Oct</b>	TI-D, c/o Gert Tauber, Cadolzburg Str.103 A, 90766 Fürth, info@Tarab-Institut.de
<b>D</b>	Karlsruhe	<i>Albrecht Feuchter</i> <b>Weekend - Revealing Natural Energy Resources</b>	● <b>8-Oct - 10-Oct</b>	TI - D, c/o A.S. Feuchter, Bocksbornweg 47, 76149 Karlsruhe, feuchter@koerperselbsterfahrung.de Tel. 0721- 757379
<b>NL</b>	Nijmegen	<i>Lene Handberg</i> <b>Day - Body-Mind-Reality</b>	● <b>8-Oct</b>	Tarab Institute Holland, mail: info@tarab-instituut.nl, phone:0031-246414206/0031-267850964
<b>NL</b>	Nijmegen	<i>Lene Handberg</i> <b>Weekend - Revealing natural energy resources</b>	● <b>9-Oct - 10-Oct</b>	Tarab Institute Holland, mail: info@tarab-instituut.nl, phone:0031-246414206/0031-267850964

<b>SF</b>	<i>Liisa Vuorinen</i> Helsinki	<b>Weekend - Transformation of ,Self'</b>	● <b>15-Oct - 17-Oct</b>	Tarab Inst. Finland, c/o Cecilia Innanen, Maneesikatu 4 cB34, 00170 Helsinki, tfn 358-40-556 5664, email:cecilia.innanen@welho.com
<b>F</b>	<i>Lene Handberg</i> Aix-en-Provence	<b>Weekend - Transformation of ,Self'</b>	● <b>22-Oct - 24-Oct</b>	Michèle Bizot, 140 Allée Du Nouveau Monde, Residence Le Montcalm, 34000 Montpellier, mail: tarab.institute@yahoo.fr
<b>F</b>	<i>Lene Handberg</i> Paris	<b>Weekend - Mandala - Balancing the Basic Forces of Existence</b>	● <b>29-Oct - 1-Nov</b>	Michèle Bizot, 140 Allée Du Nouveau Monde, Residence Le Montcalm, 34000 Montpellier, mail: tarab.institute@yahoo.fr
<b>D</b>	<i>Lene Handberg + Assisting Team</i> Zist	<b>Education - U.D.-Scince of Mind &amp; Phenomena Module II, week 2</b>	● <b>12-Nov - 19-Nov</b>	TI-D, c/o Gert Tauber, Cadolzburger Str.103 A, 90766 Fürth, info@Tarab-Institut.de
<b>S</b>	<i>Liisa Vuorinen</i> Stockholm	<b>Weekend - Mandala - A Unity in Duality Approach</b>	● <b>19-Nov - 21-Nov</b>	Leg psykolog/leg psykoterapeut, S.T.M., Unity in Duality Assistant Teacher, SLSO Psykiatricentrum Södertälje, Södertälje sjukhus, S - 152 86 Södertälje, Sweden, 08-550 24869; 070-484 5339, liisa.vuorinen@sll.se
<b>SF</b>	<i>Cecilia Innanen</i> Helsinki	<b>Day - Group gathering and exercises</b>	● <b>21-Nov</b>	Tarab Inst. Finland, c/o Cecilia Innanen, Maneesikatu 4 cB34, 00170 Helsinki, tfn 358-40-556 5664, email:cecilia.innanen@welho.com
<b>DK</b>	<i>Lene Handberg</i> København	<b>Weekend - Ancient Tibetan Dream Wisdom</b>	● <b>26-Nov - 28-Nov</b>	TI - Denmark, St. Søj, Hørsholm Kongevej 40, DK-2970 Hørsholm. Tel/fax +45 45 76 00 44., email: info@tarab-institute.org, web: www.Tarab-Institute.org
<b>F</b>	<i>Lene Handberg + Assisting Team</i> Paris	<b>Education - U.D.-Scince of Mind &amp; Phenomena Module 3 A/B Week 1</b>	● <b>4-Dec - 10-Dec</b>	Michèle Bizot, 140 Allée Du Nouveau Monde, Residence Le Montcalm, 34000 Montpellier, mail: tarab.institute@yahoo.fr